

# Mental Health, Migration and Resilience: innovative applied arts based methodologies for research policy and practice

Tuesday 22 October 2019 (The Venue, DMU, Leicester, UK)

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| 08:30       | <b>Registration opens</b>   |
| 9.15-9.40   | <b>Welcome address</b><br>Prof Raghu Raghavan (DMU & Prof Sivakami Muthusamy (TISS, Mumbai)   |
| 9.40 – 9.55 | Inaugural dance: Nanditha Raghavan  |
| 10.00-11.00 | <b>Panel Keynotes 1: International Migration and Mental Health</b><br><b>Chair:</b> Prof Raghu Raghavan<br>(KN 01) Prof Dinesh Bhugra (Kings College London): Migration and mental health Challenges in the UK<br>(KN 02) Dr Ashok Dyalchand (Institute of Health Management Pachod, India): Internal migration and public mental health challenges in India<br>(KN 03) Prof Santosh Chaturvedi (National Institute of Mental Health & Neurosciences, India): Mental health & wellbeing of internal migrants in India   |
| 11.00-11.30 | Coffee  |
| 11.30-12.30 | <b>Panel Keynotes 2: Untold Stories of Mental Health and Resilience of Internal Migrants in Pune, India, using theatre methodology</b><br><b>Chair:</b> Dr Nadia Svirydzienka <ul style="list-style-type: none"> <li>• Prof Raghu Raghavan/Dr Ashok Dyalchand (IHMP) – Setting the context</li> <li>• Dr Mark Crossley/Andy Barrett – Theatre methodology</li> <li>• Prof Sivakami Muthusamy/ Saba Jamwal/ Tejasi Pendse: Recruitment and data collection</li> <li>• Dhanashree Heblkar/Abhijeet Choudhary – community theatre production and engagement</li> <li>• Dr Jonathan Coope/Prof Brian Brown – migration &amp; resilience narratives</li> </ul> |
| 12.30-13.30 | Lunch   |
| 13.30-15.00 | <b>Panel Keynotes 3: Arts based methodologies, mental health and public mental health</b><br><b>Chair:</b> Dr Mark Crossley<br>(KN 04) Prof Mike Wilson (Loughborough University, UK)<br>(KN 05) Dr. Selina Busby (Royal Central School of Speech and Drama, UK): Voices from sub cities and urban villages: Twelve years of making theatre with youth and women living in informal housing settlements in Mumbai<br>(KN 06) Andy Barrett (Excavate theatre, UK) Dhanashree Heblkar (Swatantra Theatre, India)  |
| 15.00-15.30 | Coffee  |
| 15.30-16.30 | <b>Plenary discussion: Mental health, migration and resilience/ arts based research methodologies</b><br>Prof Santosh Chaturvedi, Prof Sivakami Muthusamy, Dr Ashok Dyalchand, Prof Dinesh Bhugra, Prof Mike Wilson, Dr Selina Busby, Andy Barrett, Dhanashree Heblkar, Dr Mark Crossley  |
| 16.30-17.00 | <b>Concluding remarks</b><br>Prof Raghu Raghavan (DMU) & Prof Sivakami Muthusamy (TISS, Mumbai)   |